

Pulling Together for the Children of Frederick County

Frederick County Interagency Early Childhood Committee A Subcommittee of the Local Management Board MHA Community Services Wing Meeting Minutes

November 1, 2018

Present:

Shannon Aleshire, Mental Health Association of Frederick County; Kathy Allen, FCPS Judy Center; Jennifer Barker-Frey, Frederick County Office for Children and Families; Leslie Barnes-Keating, Frederick County Office for Children and Families; Nancy Boyd, Safe Kids Frederick/Asian American Center of Frederick; David Brewster, Frederick County DSS; Melissa Desmond, FCPS Special Ed Pre-K Leslie Frei, FCPS Early Childhood; Malcolm Furgol, United Way of Frederick County; Monica Grant, Citizen's Services Division, FCG; Kerri Griffin, FCHD Maternal Child Health; Colleen Guardia, YMCA Head Start; Dr. James Lee, Frederick County Pediatrics; Barbara May, Mental Health Association of Frederick County; Patty Morison, Child Care Choices, Mental Health Association of Frederick County; Darcy O'Daniel, Noteable Progressions; Pilar Olivo, Child Advocacy Center of Frederick County and ACEs Workgroup; Ginny Simoneau, Children's Center of Walkersville; Jolena Simoneau, Children's Center of Walkersville; Shelly Toms, Family Partnership; Amy Tzortzinis, Frederick County Pediatrics Janet Vogel, Frederick County Public Libraries; Stacy Wantz, YMCA Head Start

Meeting Minutes Recorder: Pilar Olivo

Welcome & Introductions: Kathy Allen opened the meeting at 1:05 pm. Attendees introduced themselves.

Review and Approval of Minutes

Leslie Frei made a motion to approve the minutes with changes. Darcy O'Daniel was the second. Motion to approve the minutes passed unanimously.

Presentation: Darcy O'Daniel, Noteable Progressions

Kathy Allen introduced Darcy. Darcy began her presentation with a song inviting everyone to use a shaker. She explored the experience and people responded that there was a lot of nonverbal communication, participation, fun, socialization, and enjoyment.

Music therapy is the application of music to address functional goals by a board certified music therapist.

Expert musicians and health care professionals in one, college educated with a degree in music therapy; nationally board certified

Assessment Progress—PreK based on music therapy classes on KRA standards for social emotional skills

Functional goals could include:

- fine motor skills—using fingers independently, grasping objects
- gross motor—standing, reaching, walking
- communication-producing words, using sentences

- social
- emotional
- academic
- wellness
- leisure

Work with people across the lifespan

- ID/DD
- Mental health
- additions recovery
- neurologic needs—tbi, stroke Parkinson's

What does it look like?

- 1:1 session
- small group
- large group
- classroom based
- bed side
- family group

Instrument playing, singing, song writing, music-guided imagery; sing-able stories, music cued movements

Noteable Progressions—Spring Ridge Office or out in the community

- Preschools
- public and private schools
- hospitals
- retirement communities

How to Access Services

- private pay
- FSA/HSA
- LISS funding (for DD clients)
- Community Grants
- Community Partners
- operating budget
- fundraiser
- split costs with participants

Grants: Frederick Arts Council, Delaplaine Foundation, Monocacy Foundation, Community Foundation of Frederick County

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Subcommittee Summary Discussion

ACEs Workgroup update—Pilar Olivo

The ACEs Workgroup is beginning to prepare its recommendations. The first component is the recommendation that primary care providers screen children for ACEs. The Workgroup has identified one tool for use in primary care with children with several more that appear promising. The Workgroup will be identifying additional recommendations that are complementary to screening because screening alone is insufficient.

The ACEs Workgroup is also working on a Provider Survey to understand the trauma-focused mental health provider services available in Frederick County. The survey has been reviewed several times and is in the final stages of revisions and will be distributed soon.

Awareness: Martha Ruiz from Family Partnership was trained as an ACE Interface Master Trainer.

Subcommittee Reports

Education Subcommittee, Leslie Frei reported

Goal: Build the capacity of childcare providers and early childhood teachers to promote and increase academic and school success.

<u>Members</u>: Kathy Allen, Janet Vogel, Darcy O'Daniel, Patty Morrison, Ginny Simoneau, Jennifer Barker-Fry

Co-Chairs: Cathy Nusbaum, Leslie Frei

- DPIL (Dolly Parton Imagination Library) Status FCPS has been enrolling families. We are up to approximately 50 families (zip codes ending in 01,02,03). Information families must provide: Parent/Child DOB, address, school district, M/F, Agency
- RAR (Raising A Reader) Update All schools have received training and 5/7 are fully catalogued and ready to roll out. Many schools will notify parents through evening event and/or during conferences.
- Boston Basics Kathy shared information Boston is using as a parent engagement/education campaign. They use 5 basic tenets and have easy-to-understand shareables. www.TheBasics.org
 - o Could we base an information campaign similar to the Boston Basics?
 - O What marketing would we use (without a budget)
 - What type of outreach
 - Consider an action plan

Advocacy, Malcolm Furgol reported

Martha Gurzick resigned as co-chair. No replacement yet. Requested how to handle limitations on shaping education or advocacy since the IECC is a committee of the Local Management Board. Leslie Barnes-Keating responded that she can help preview specific requests to make sure that they can be handled correctly.

Discussed making sure any position we take on universal home visiting is in alignment with the recommendations the ACEs Workgroup makes to the County Health Department in their final report. Part of this would be agreeing on the definition of universal home visiting.

Also talked about also being in alignment with advocacy positions with Mental Health Association and United Way of Frederick County on issues such as access to quality, affordable child care. Monica and Shannon discussed that there have been some recent positive changes in child care subsidies, but it is unclear if families know this to reapply or apply for the first time as they may be newly eligible. We also discussed the importance of evening child care and what financial incentives might be available for providers (i.e. FCC just received a grant to provide evening childcare).

Subcommittee will meet again on 11/29 to discuss additional options.

Family and Community Engagement Subcommittee, Leslie Barnes-Keating reported

<u>Present:</u> Leslie Barnes-Keating, Shelly Toms, Janet Vogel, Melissa Desmond, Colleen Guardia, Nancy Boyd, David Brewster, Amy Tzortzinis

Summary: Group created a draft goal for the work of the subcommittee. **Action:** Members are to review this goal and make recommendations to the group for revisions (if any).

<u>Goal Statement:</u> Co-create opportunities with all families to increase continuous, on-going positive engagement for school readiness, resilience and success, resulting in stronger families.

We decided that the following items could be strategies under our goal:

- Ensuring that all engagement activities are equally accessible to all residents. This would include focus on non-English speaking families and those in rural communities.
- Build capacity around current parent engagement resources
 - o Ready Rosie Are we using everything that is currently accessible to us? If not, how can we roll that out? This would include engaging the Education subcommittee.
 - o Parent Cafes How can we place more effort on including Spanish speaking families and those in other parts of the county?
- Identify additional low or no-cost opportunities for families.
- Ensure that our committee work includes opportunities for prenatal families.

Next Meeting

- Try to finalize the goal statement.
- Start to use the Implementation Documentation Template to identify concrete action items and steps to be taken on each.

December IECC meeting plans: Malcolm Furgol will present the ALICE report at IECC in December and the meeting will stay in the whole group for the meeting to have a larger discussion.

Networking

- Lynn Davis is no longer with the Child Advocacy Center. She's working with FCPS.
- Community Partnership Grants will open November 16 and close December 16—seniors, housing or community needs. Eligibility will be available on the FCG website soon.
- Asian American Center's Health Fair had 700 participants this past weekend. FMH's Pediatric Nursing staff did Safe Sleep education for babies.
- Parent Cafe Facilitator Training still has a few openings for the November 13-14 training at the Mount St. Mary's Frederick Campus. Contact Colleen Guardia at YMCA with any questions.
- Prosperity Center has started offering free back taxes preparation—can go back 3 years. Call United Way to schedule an appointment. 301.663.4231
- Gift of Warmth Program with United Way and BG Home —free HVAC system for a Frederick County family. See United Way website for nomination form.
- Frederick County Health Care Coalition will host a health priority summit in January. Three health priorities will be chosen from the 10 that are being presented. Several of the health indicators involve children and teens, including ACEs.
- Sprouting Melodies Demo Class collaborating with New Spire Arts.
- Ginny Simoneau shared what an honor it is to be part of the Early Childhood Community and she was so honored to receive the Governor's Service Award. "I was there for all of you to receive it."
- Shannon Aleshire presented a certificate of recognition from the Mental Health Association to Ginny as well.

Meeting adjourned for cake at 2:35 pm.